



A Dementia Diagnosis: 10 Questions to Ask Your Doctor

A diagnosis of dementia or Alzheimer's disease can be overwhelming for the entire family. But where do you go from here? Gathering information from medical experts and your family's physician can help you and your loved ones navigate the emotional and physical aspects of the diagnosis.

Key questions to ask your family's physician:

1. What type of dementia does my loved one have?
2. How far has the dementia progressed?
3. What symptoms and changes should we anticipate?
4. What medications do you recommend?
5. What other treatments may help slow the decline?
6. Should my mother or father still drive?
7. Is living at home still an option?
8. In what ways can I help?
9. What specialists should we see?
10. What resources are available to help support my family?

An Empathy-Based Approach to Memory Care

At three Legacy communities, our Thrive Memory Care program incorporates each individual living with Alzheimer's disease and dementia into the rhythms of daily living, creating mindful moments that inspire longevity and well-being. Certified through the National Council of Certified Dementia Practitioners, specially trained caregivers known as *Nayas* provide customized care 24/7. Our supportive environment cultivates a deep sense of community, connection, and peace of mind for the entire family.

Coping with Your Loved One's Dementia

Watching someone you care about experience symptoms of Alzheimer's and dementia can be difficult and emotional, to say the least. You're not alone – we're here to answer your questions, and support you and your loved ones every step of the way.

Call your Legacy community to learn more and request a private tour today.



Located in Penfield, NY
585-381-0680

INDEPENDENT LIVING • ASSISTED LIVING
ENHANCED ASSISTED LIVING • MEMORY CARE



Located in Rochester, NY
585-244-3630

INDEPENDENT LIVING • ASSISTED LIVING
ENHANCED ASSISTED LIVING • MEMORY CARE



Located in Greece, NY
585-546-7275

MEMORY CARE • ASSISTED LIVING
ENHANCED ASSISTED LIVING